Barrier Dysfunction, Type 2 Inflammation, and Neuroimmune Dysregulation Interact to Drive the Pathophysiology of AD, Asthma, CRSwNP, and EoE¹⁻¹⁷

A triad of interacting mechanisms

Type 2 inflammation

Barrier dysfunction

Neuroimmune dysregulation



Underlie multiple pathophysiological processes across multiple diseases¹⁻¹⁷



Are associated with recurring and debilitating symptoms, and progressive tissue damage in a range of diseases with type 2 inflammation component¹⁻¹⁷

Type 2 inflammatory Predominant driver of Drivers of local tissue Roles in eosinophil maturation, Roles in AD itch. systemic effects, including responses, inflammation differentiation, and survival neuroimmune cytokines have key roles signaling^{5,6,20} activation of Th2 cells and and various disease which impact the functions in pathogenic processes other immune cells^{2,5,10,11} symptoms^{2,5-7,10} of many immune cells^{2,7,18,19} in diseases with type 2 inflammation component⁵⁻¹² Microbiome dysbiosis: Contributes to allergen-specific • Contributes to and benefits exacerbations^{2,4,6-8,11,13,16} from barrier dysfunction 1-3,5,6 Dysregulated immune • Intensifies type 2 cell activation inflammatory cascade^{1-3,5,6} and trafficking Interacts with sensory B-cell activation, to tissues¹⁻¹² Dysbiosis, mechanisms^{4,14} IgE isotype pathogenic microbial switching^{2,6-8} Overactive Th2 polarization Type 2 cytokine secretion **Systemic and local** type 2 inflammation Irritant, pathogen, Itch, loss of **Neuronal Disrupted** and allergen smell, cough, dysphagia^{6,8,24,25} stimulation function and penetration¹⁻⁹ junctional integrity Neurosensitization Increased Mast cell-neuronal Neuroimmunede permeability remodeling, hyperplasia, modulation12,14,26 fibrosis^{2,5,7,9} **Contributing factors** for barrier dysregulation include exposure to Smooth muscle environmental allergens, contractility^{7,11,14} irritants and pathogens¹⁻³

AD, atopic dermatitis; Bas, basophil; CRSwNP, chronic rhinosinusitis with nasal polyps; EoE, eosinophilc esophagitis; Eos, eosinophil; ILC2, innate lymphoid type-2 cell; MC, mast cell; Th2, T helper 2 cell.





Triad of Dysregulated Mechanisms Driven by Type 2 Inflammation Impacts Patients' Quality of Life²⁻¹⁰

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